

# LEVEL 3 CERTIFICATE IN

**BASIC EXPEDITION  
LEADERSHIP  
(BEL)**



## SPRING & AUTUMN COURSES 2012



## **BASIC EXPEDITION LEADERSHIP**

The level 3 Certificate in Basic Expedition Leaders is a nationally recognised qualification for candidates aged 17 years and over (minimum age 18 years upon completion) that provides the skills to lead groups in lowland areas and teach basic expedition skills.

This qualification is for anyone that has the responsibility of looking after others, particularly young people, out-of-doors: or who wish to train others to carry out day-journeys and backpacking expeditions. It has nothing to do with mountains, climbing or ropes.

The course will enable candidates to grow in confidence and responsibility. It is the ideal qualification for people wishing to supervise Duke of Edinburgh Award scheme and other expedition groups. It is an excellent stepping stone onto Mountain Leader Training Awards.

### **What can a level 3 Basic Expedition leader do?**

A level 3 Basic Expedition Leader will be able to independently plan, prepare and supervise journeys on foot in lowland terrain and train participants to undertake these activities. In addition, Basic Expedition Leaders can also lead groups to camp on official sites and in farm based fields or similar, and train participants to undertake these activities.

### **BEL UNIT HEADINGS**

1. Plan a walk for a group in lowland countryside
2. Prepare for a walk in lowland countryside
3. Establish and maintain safe practice during walks or expeditions
4. Lead sessions that impart the knowledge and skills for walking in lowland countryside
5. Lead a walk in lowland countryside
6. Navigation for the walk leader
7. Manage and develop personal walking leadership experience
8. Management of unaccompanied groups in countryside (remote supervision).
9. Camp craft for expedition leader.

**Please contact AOAC for booking form and to register your interest.**

**SPRING COURSE 2012. Course Code: BEL007**

Date	Time	Location
Sat 3 <sup>rd</sup> & Sun 4 <sup>th</sup> March	9am-6pm Both Days	AOAC & South Downs
Sat 17 <sup>th</sup> March	9am - 5pm	South Downs
Fri 20 <sup>th</sup> Sat 21 <sup>st</sup> & Sun 22 <sup>nd</sup> April	Fri 7.30 pm - Sun 6pm	Stedham & South Downs
Sat 5 <sup>th</sup> & Sun 6 <sup>th</sup> May	9am-5pm Both Days	Ashdown Forest
Sun 20 <sup>th</sup> May	9am – 5pm	AOAC & South Downs
~ Consolidation period ~		
<b>Assessment Weekend</b>		
Fri 14 <sup>th</sup> Sat 15 <sup>th</sup> & Sun 16 <sup>th</sup> Sept	Fri 7.30pm – Sun 6pm	Stedham to Harting & Back

**AUTUMN COURSE 2012. Course Code: BEL008**

Date	Time	Location
Sat 8 <sup>th</sup> & Sun 9 <sup>th</sup> Sept	9am-6pm Both Days	AOAC & South Downs
Sat 22 <sup>nd</sup> Sept	9am – 5pm	South Downs-Small Dole
Fri 5 <sup>th</sup> Sat 6 <sup>th</sup> & Sun 7 <sup>th</sup> Oct	Fri 7.30pm – Sun 6pm	TBC & south Downs
Sat 10 <sup>th</sup> & sun 11 <sup>th</sup> Nov	9am – 5pm Both Days	Ashdown Forest
Sat 25 <sup>th</sup> Nov	9am – 5pm	AOAC & South Downs
~ Consolidation period ~		
<b>Assessment Weekend</b>		
Fri 10 <sup>th</sup> Sat 11 <sup>th</sup> & sun 12 <sup>th</sup> May (2013)	Fri 7.30pm – Sun 6pm	TBC
Venues are subject to change depending on availability.		

**Course cost - £355**

*Cost includes training programme and a place on the assessment weekend associated with that course.*

**Notes:**

1. Following tutored course, candidates are required to gain a minimum of 30 supervised group leadership hours, to include camping, during the consolidation period.
2. Experience & evidence of 8 quality day walks also required prior to assessment.
3. In order for candidates to complete their level 3 BEL, they *must* hold a current and valid First Aid certificate completed over a minimum of eight hours at the time of assessment.
4. All dates must be attended to fulfil syllabus
5. Cost includes registration to Sports Leaders UK.

## Assessment Weekends

Our assessment weekends are 'open' to other BEL candidates requiring assessment subject to available places and to those who don't complete/attend the assessment as part of their course.

This is subject to an additional cost as laid out below (AOAC BEL trained candidates given priority).

**Cost per Assessment: £125**

*For further information/details, please contact the centre.*

### HOW TO BOOK:

Please contact the centre (see details below) to check availability and to enquire about date/s and activities required. These will be provisionally reserved.

A booking form must be received within 7 days together with 50% deposit in order to secure your booking. Appropriate forms can be downloaded from the website or collected from reception at AOAC.

Please refer to terms and conditions on the booking form for more information and details.

**A.O.A.C.**

**Brighton Road, Shoreham-by-sea,  
West Sussex, BN43 5LT**



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